

# Prayers and listing your troubles before the Lord

(From Part 3 of the sermon series on Galatians 5:1-15)

Here are some prayers from the sermon, and some extended, to pray as you spend time with God in your devotion time. After this first prayer you can spend time writing down all the things that come to mind that you are worried about, things unfinished that make you feel a failure, things not done well in your eyes, or things that cause you stress. Anything that binds you and which you feel takes away your joy and freedom in Christ.

*Lord Jesus, you are yoked with me and you will take the weight and main burden so that your yoke to me feels light. Thank you for giving me a true freedom where I can be myself, knowing that my sins and failures are dealt with by you alone. I need only to pour my sins onto you, and with such grace as this; I still to this day cannot quite get my head round it.*

*Lord Jesus here are the things that I'm worried about, and the things I have not finished or done well enough which are driving me crazy. Please show me how and when they are to be done, when I have to wait and when I have to act. Amen.*

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*Dear Lord, please also help me notice when the enemy pretends to be you to try and make me feel guilt, shame and condemnation constantly, so that I am distracted, caught up and entangled in a false law that has no place in your yoke. Lord in your way and in your own time you will deal with my particular sins and bad habits that are more difficult to live with; I need only to be patient about that. Please also help me to be patient when I suffer those bad habits and unjust and hurtful words from others. I choose to give those to you as well and put them on my list of things that I now give to you to be Lord over. Amen.*

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*Thank you, dear Lord, that you are my comforter and saviour and not my condemner or accuser as Satan is. I am yours, I am free and I am your child. My security, salvation and righteousness are through you alone. Help me stand in my freedom in you, and I renounce the lie that my self-worth depends on my ability to perform. I renounce seeking the approval and acceptance of other people, and I choose to believe that I am already approved and accepted in Christ because of his death and resurrection for me. I choose to believe that I am no longer under the curse of the law because Christ became a curse for me. Amen.*